



**SOHA**  
**International**

*Delivering Freshness...*



**COMPANY**  
**PROFILE**

# ABOUT US

SOHA INTERNATIONAL is a reliable supplier and exporter of is an extensive assortment of fresh fruits, vegetables frozen buffalo meat and chilled mutton carcass. These products are widely demanded across the world owing to the freshness, high nutritional value and rich taste. Our products are acquired from the reputed vendors of the market, who process these items in utmost hygienic conditions. We have established a robust warehousing unit, which facilities safe storage of products. Our packaging experts carefully pack the product using high quality packaging material that ensures the freshness and taste of the product is maintained. In terms of frozen halal meat, our process is strictly carried out by Islamic shariyat. The qualitative products market leading prices and ethical business policies have allowed used to build a vast customer base all across the world, especially in middle east countries.





# GREEN CHILLI



## Specifications

Green Chillies are very rich in Vitamin C, which plays an important role in absorption of other vitamins in the body. They are strong anti-oxidants and prevent against free radicals. Green Chillies are rich in dietary fiber which is important for a healthy digestive system. They are rich in Vitamin A, which in turn is very good for your eyes and skin.

## Variety

G4 Green Chilli

## Shipment

As per the buyer requirement.

## Availability

All Season

## Origin

India: Maharashtra / Gujarat / Karnataka

## Packaging

Sizes & Specification of Packing:

- Top Bottom Box Export Packaging
- Weight 3.8 KG Net
- 4 Kg Gross Top Bottom box for export
- 3,400 Boxes Approximately in HQ Reefer Container

# TOMATO



## Specifications

Tomatoes are the major dietary source of the antioxidant lycopene, which has been linked to many health benefits, including reduced risk of heart disease and cancer. They are also a great source of vitamin C, potassium, folate, and vitamin K.

## Shipment

As per the buyer requirement.

## Availability

Seasonal

## Origin

India: Maharashtra / Gujarat / Karnataka

## Packaging

### Sizes & Specification of Packing:

- Top bottom box export packaging
- Weight 6.5 kg Net
- 6.5 kg top bottom box for export
- 3,300 boxes approximately in HQ Reefer Container

# ONION



## Specifications

We are the leading supplier and trader of Red Onion in India as well as in the international markets. The range of fresh red onions offered by us is handpicked from the most trusted and reliable farms. Our fresh onions are widely demanded for flavoring of cuisines and other cooking purposes. These hygienically assured onions are available in various counts and sizes and add rich taste and flavor to food dishes. We ensure that our products are timely delivered at customer site preserving all the required nutrients in it.

Just 80g of mango (2 x 2 inch slices) counts as one of your five-a-day. This one portion will provide 53 calories, 11g of naturally-occurring sugar and just over 2g of fibre.

## Variety

Red Onions

## Shipment

As per the buyer requirement.

## Availability

All Season

## Origin

India: Maharashtra / Gujarat / Karnataka

## Size

+35 / +45 / +50 / + 55 /+60

## Packing Mesh Bags

5 / 10 / 18 / 20 / 22 / 24 / 28

## Total Weight

12.50 ton 20 ft. One Door Open Container  
29.50 ton 40 ft. Reefer Container

# POTATO



## Specifications

Known as the most well known suppliers and traders of fresh raw Fresh Potato we source premium quality raw potatoes from some of the leading vendors around and export to our esteemed clients across the globe. We have allied ourselves with reputed vendors so as to get the fresh potato every time. The potatoes we provide are as per the specific requirements of our customers in terms of size. We take special care that the potatoes we supply are high in nutritional value and rich in taste

## Variety

Joyti / Lopkar

## Shipment

As per the buyer requirement.

## Availability

All Season

## Origin

India: Maharashtra / Gujarat / Karnataka

## Size

+100 / +120 grams

## Packing

5 kg / 10 kg / 18 kg / 20 kg / 22 kg

## Total Weight

12.50 ton 20 ft. One Door Open Container  
29.50 ton 40 ft. Reefer Container



# COCONUT



## Specifications

Fresh Coconut comprises fresh collection of coconuts which are directly sourced from fresh gardens and farms and provide high nutritive values and superior taste values. Having wide usage in preparation of many coastal dishes, these fresh coconuts are made available by us at most competitive prices.

## Shipment

As per the buyer requirement.

## Availability

All Season

## Origin

India: Maharashtra / Gujarat / Karnataka

## Size

+500 grams

## Packing

Bags

## No. of Pieces

25 Pcs Per Bag

## Weight

14.5 Kg / Bag

## Total Weight

925 bags in 20 ft. Open Door Container  
1950 bags in 40 ft. Open Door Container 40 ft. Reefer

# SURAN



## Specifications

The demand for Suran has increased to a vast extent in the international market, due to its unique features and top grade quality. The Suran, offered by us, is available at affordable prices.

## Shipment

As per the buyer requirement.

## Availability

All Season

## Origin

India: Maharashtra / Gujarat / Karnataka

## Packing

10 kg / 12 kg / 15 kg

## Total Weight

12.5 ton in 20 ft. One Door Open Container  
29.50 ton in 40 ft. Reefer Container



# FRESH POMEGRANATES



## Specifications

Fruit is nearly round and hard and has a shiny red skin. The edible portion surrounding the individual seed transforms from deep pink to bright red (April), depending on the time of the year. Juicy, crunchy seeds, with distinctive protruding flower end. Outside skin polished and cleaned with soft long hair brush Size graded with round bars.

## Origin

India: Maharashtra (Middle West India), Andhra Pradesh (South East India), Karnataka (South West India)

## Variety

Bhagwa Red Coloured

## Shipment

As per the buyer requirement

## Availability

All season

## Size Grading

Corrugated Boxes with Paper & Cutting  
Sizes & Specification of Packing:

- 10 pcs in a box 250 grams each
- 12 pcs in a box 200 grams each
- 15 PCS in a box 180 grams each

Boxes per size:

- 35% 250 grams
- 35% 200 grams
- 30% 180 grams

## Packaging

### Size I & III

In strong colored corrugated cartons, consisting of an inner layer to ensure separation between pomegranates, to guarantee solid stuffing, with ventilation holes.

### 2.8 Kg Cartons

Carton strong enough to carry the weight. The design and quality of the cartons is such that it can be stored on the pallet as one solid block. Cartons with minimum 4 air circulation holes in the bottom, placed in such a way to remain open by putting on the pallet.

### Stuffing

6000 Boxes in a reefer container (Approximately).








# INDIAN MANGO



## Nutritional benefits of mango

Mango is a low-calorie fruit that is high in fibre, and is a great source of vitamins A and C. It also contains folate, B6, iron and a little calcium, zinc and vitamin E. Mangoes are a good source of antioxidants, containing certain phytochemicals such as gallotannins and mangiferin which have been studied for their health benefits.

Just 80g of mango (2 x 2 inch slices) counts as one of your five-a-day. This one portion will provide 53 calories, 11g of naturally-occurring sugar and just over 2g of fibre.

PRODUCT	VARIETY	PACKING DESCRIPTION	BOX PACKING	SEASON
	Ratnagiri	12 Pcs / 15 Pcs	Flat, Tray & Jhotha Box	March to May
	Badami	9 PCS / 10 PCS 12 PCS	Flat & Tray	March to June
	Kesar	12 PCS / 15 PCS	Tray	March to June
	Totapuri	9 PCS / 12 PCS	Tray & Jhotha Box	March to June
	Lalbaug	12 PCS	Jhotha Box	March to June
	Neelam	12 PCS	Tray	June to August
	Rajapuri	10 PCS	Rajapuri Box	April to June

Shipment : As per the buyer requirement.

Season : Prevailing from Season to Season

# INDIAN GRAPES



PRODUCTS AND PACKING SPECIFICATION OF GRAPES FOR  
UK THOMSON SEEDLESS WHITE

4.5 KG POUCH PACKING		5 KG PUNNET PACKING	
Berry Size	>16 mm	Berry Size	>16 mm & Above
Color	Milky Green	Color	Milky Green
Brix (minimum)	>16 Degree	Brix (minimum)	>16 Degree
Minimum Bunch Weight	200 Grams	Minimum Bunch Weight	300 Grams
Weight Per Pouch	500 Grams	Weight Per Pouch	510 Grams
No.of Pouches	9	No.of Pouches	10
No.of Bunches In Pouch	2	No.of Bunches In Pouch	2+ Topping
Permissible Berry Drop	Max.1%	Permissible Berry Drop	Max.1%
Carton	1	Carton	1
Pouches	10	Pouches	10
Grapes Guard	1	Grapes Guard	1
Liner Bags	1	Liner Bags	1
Bubble Sheet	1	Bubble Sheet	1
No.of Pallet	20	No.of Pallet	20
Carton Per Pallet	120	Carton Per Pallet	120
Cartons/40' HQ Container	2400	Cartons/40' HQ Container	2400
Kg/40' HQ Container	12000	Kg/40' HQ Container	12000

Shipment : As per the buyer requirement.  
Season : Prevailing from Season to Season



# BANANA



## Specifications

Bananas are one of the most popular fruits worldwide. They contain essential nutrients that can have a protective impact on health

## Origin

India: Tamil Nadu, Maharashtra, Gujarat, Andhra Pradesh and Karnataka.

## Variety

Indian Cavendish (Banana G9)

## Shipment

As per the buyer requirement

## Availability

All season

## Size

16 cm to 18 cm

## Nutrient value

- Best source of potassium
- Rich in iron
- Provides vitamins
- Gives instant energy
- Good source of minerals

## Benefits

- Helpful in cancer
- Prevents ulcers
- Good for heart
- Natural antacid
- Kills harmful bacteria

# FRESH FRUITS & FRESH VEGETABLES

## FRESH FRUITS AND VEGETABLES BY SEA IN HQ CONTAINER

Product	Packaging	Weight in Kg.
Chikoo	Box	3
Papaya	Box	6
Banana	Box	13
Pineapple	Universal Box	6 PCS

Product	Packaging	Weight in Kg.
Water Melon	Loose Stuffing	-
Lemon	Box	6.5
Ginger	Box	4
Garlic	Box	4

## FRESH FRUITS AND VEGETABLES BY AIR

Product	Packaging	Weight in Kg.
Ber	Net Bag	5
Arvi	Top Bottom	5/4.5
Lime	Top Bottom	5
Okra	Top Bottom	4 / 4.5
Dudhi	Top Bottom	5/4.5/4
Dudhi	Top Bottom	5 / 6 7
Suran	Gunny Bag	5
Tendli	Top Bottom	
Gajar	Top Bottom	5
Chikoo	Box	3.5
Awala	New Bag	5
Karela	Top Bottom	5/4/3.5
Brinjal	Top Bottom	5
Ginger	Top Bottom	4
Padwal	Top Bottom	5/4.5
Cucumber	Top Bottom	5
Drum Stick	Universal	5/4.5
Green Peas	Net Bag	5
Green Chilly	Top Bottom	5/4.5/ 4/3.5
Green Chilly	Top Bottom	3.8

Product	Packaging	Weight in Kg.
Gawor	Top Bottom	5/4.5
Papaya	Box	5
Lemon	Universal Box	6.5
Gawar 5	Top Bottom	
Spinach	Thermocolo Box	4
Vellerica	Top Bottom	6
Cabbage	Customers Requirement	
Pineapple	Box	6 Pcs.
Dill leaves	Thermocolo Box	4
Capsicum	Top Bottom	
Yarn Leaves	Thermocolo Box	4
Mint Leaves	Thermocolo Box	4
Drum Stick	Universal Box	4.5
Long Padwal	Universal Box	4.5 / 5
Sweet Potato	Top Bottom	
Corrianderleaves	Thermocolo Box	4
Long Red Brinjal	Top Bottom	5
Long Black Brinjal	Top Bottom	5
Long Green Brinjal	Top Bottom	5
Frenegreekleaves	Thermocolo Box	4

### Note :

1. Weight & Packaging of the item will vary according to the buyer's Requirement.
2. Availability of the item will be seasonal.





# CHILLED SHEEP GOAT CARCASS

Sheep / Goat meat enjoys far greater popularity than mutton due to its tenderness and milder flavor. It is a nutrient dense food, and it is rich in protein, vitamins and essential minerals

## Specifications

### Weight of Carcass

5 kg to 9 kg after cleaning

### Shipment

Air Cargo

### Availability

All season

### Packing

Carcass covered in cloth bag

### Areas of Production

India: Rajasthan / Uttar Pradesh / Maharashtra








































# BUFFALO MEAT

Buffalo meat are low in fat, cholesterol and high in protein, the meat provides a great way for people to boost their intake of selenium, that has an antioxidant which helps prevent oxidative stress and reduce the increase of inflammation. At soha International you'll get the best quality cuts of buffalo meat.



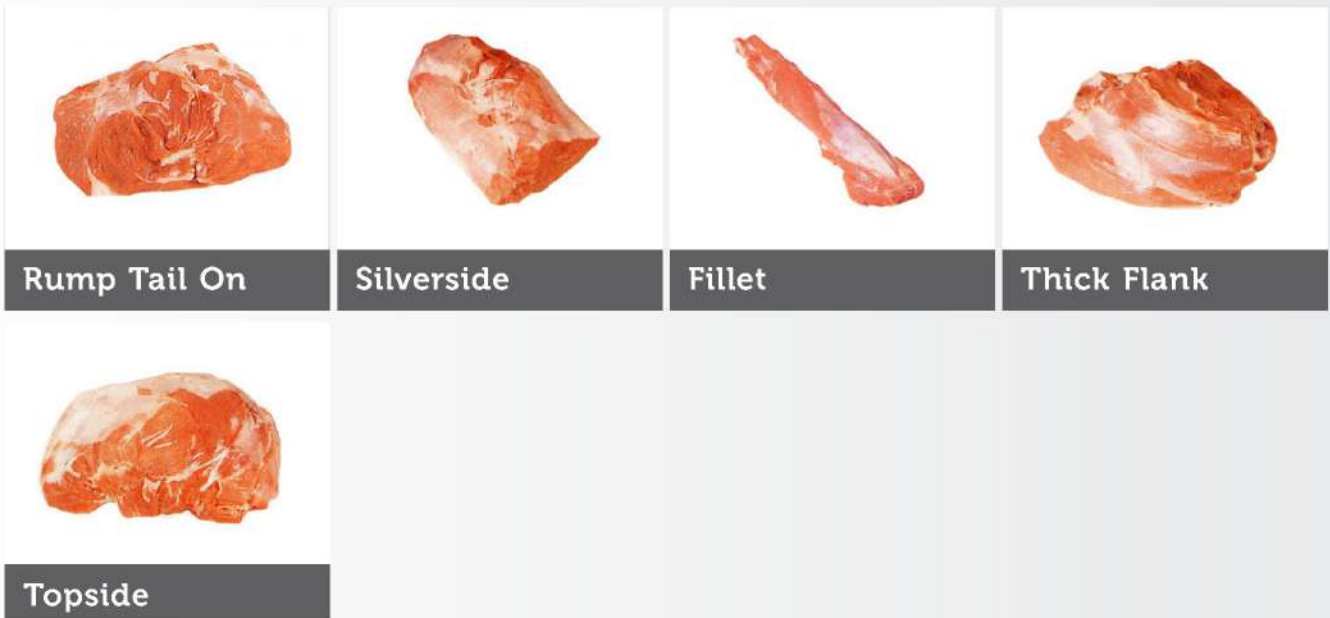
			
Kidney	Blade	Cheek	Brain
			
Tripe	Heart	Brisket	Honey Comb
			
Knuckle	Leg Chump Off	Trimming	Aorta
			
Chuck	Chuck Tender	Diaphragm Membrane	FQ Membrane

			
Gullet	Liver	Loin Back Strip	Moon Bone
			
Nose Bone	Rack	Rump (Sirloin Butt)	Shin & Shank
			
Shoulder	Silver Side	Spinal Cord	Tail
			
Tenderloin	Tendons	Tendons	Tendons
			
Top Side	Tongue	Trachea	

# VEAL MEAT

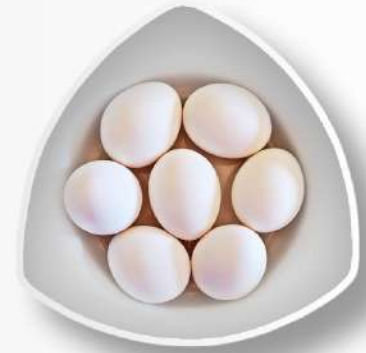
Veal meat are low in fat, cholesterol and high in protein, the meat provides a great way for people to boost their intake of selenium, that has an antioxidant which helps prevent oxidative stress and reduce the increase of inflammation. At soha International you'll get the best quality cuts of veal meat.

Veal is a nutritious and nutrient-rich meat, It tastes even better.





# TABLE EGGS



Eggs contain several vitamins and minerals that are essential parts of a healthful diet. In many parts of the world, eggs are a readily available, inexpensive food.

## Specifications

### Origin

India: Tamil Nadu, Andhra Pradesh, Telangana, West Bengal and Haryana

### Color

White

### Size

Medium and Large

### Egg Weight

0.045 gms

### Net Weight

16.2 kgs

### Packing

360 eggs per carton

### Reefer Container

1312 cartons in 40 feet HQ container

### Shipment

As per the buyer requirement

### Availability


All season



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